CDM 2015 Questions and Answers

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**A practical approach to design,
safety and wellbeing**

Fourth edition

Pat Perry

CMIOSH

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Development Editor: Melanie Bell

Production Editor: Madhubanti Bhattacharyya

Marketing Specialist: April Nagy

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Preface

The Construction (Design and Management) Regulations 2015 apply to virtually all construction works, from concept design through to project completion and beyond.

The CDM Regulations legally require all those involved in a construction project to consider health and safety issues, from the concept design stage through to project completion and building occupation. They impose duties on clients, designers and contractors, and create the appointments of principal designer and principal contractor.

The CDM Regulations apply to domestic building projects and all types of construction projects. All projects where there is, or is likely to be, more than one contractor require a principal designer and a principal contractor to be appointed. Each has a duty to influence and manage health and safety matters relating to the design and construction of the building, and each must follow the 'principles of prevention' in respect of managing health and safety risk.

The objectives of the CDM Regulations are to ensure better planning and design of construction projects, which, in turn, will lead to a reduction in accidents and incidents of ill health within the industry. The application of the CDM Regulations to domestic projects will reduce the number of accidents on these smaller sites, as these regulations require a fully thought through and written health and safety plan to be prepared before works start on site.

This book is intended to provide a quick, practical reference guide to the CDM Regulations, how all duty holders can comply with their legal responsibilities, and how the CDM Regulations can be applied to the everyday problems encountered in a construction project.

The questions posed in this book have frequently been asked over the years by clients, architects, designers and contractors. Importantly, the questions have been answered by the author, allowing individuals to understand the CDM Regulations from a common-sense, practical point of view.

Rather than leave unrecorded the wealth of knowledge that has been built up in the fulfilment of the roles of CDM consultant and coordinator and environmental health consultant over many years, the author decided to collate all the questions and answers into book form in the anticipation that it would provide helpful, practical solutions to many of the queries raised regarding the CDM Regulations.

This new edition of *CDM 2015 Questions and Answers* has been substantially updated, and reflects the learnings of the initial years of the 2015 CDM Regulations.

The author would like to thank colleagues, clients, associates, contractors and all fellow professionals for sharing their thoughts on the CDM Regulations and for sharing experiences about health and safety in the construction industry. The author would also like to thank her family for all their support and patience during the numerous days of writing the typescript for the book.

About the author

Pat Perry qualified as an environmental health officer in 1978, and spent the early years of her career in local government, enforcing environmental health regulations, particularly health and safety law, which became her passion. She has extensive knowledge of the sector and has served on various working parties on both health and safety and food safety issues. Pat has regularly contributed to professional journals as well as appearing as a speaker at related conferences and seminars.

Pat set up her own environmental health consultancy, Perry Scott Nash Associates Ltd (PSN), in 1988, and fulfilled her vision of creating a customer-focused provider of consultancy services to the commercial, hospitality and retail sectors.

The consultancy grew considerably over the years, and provided advice to a wide range of high-profile clients across a variety of market sectors. In 2013, PSN joined the risk management group Acoura, now part of Lloyds Register.

After a period on the Acoura Group Board, Pat retired to become a freelance health and safety consultant, non-executive director and author. She continues to write regulatory compliance guides for the global information and market research company IHS Markit.